

SALADBOWLS

🔃 SESAME SURPRISE SALAD sesame encrusted salmon, chickpea 'croutons', mixed greens, tri-

NEW! SPINACH STUFFED SALMON

salmon, feta cheese, parmesan cheese, mozzarella cheese, creamed spinach, choice of fish sides

NEW! COCONUT AMINOS SALMON

LUNCHMENU

norwegian salmon, coconut aminos, RR creamy dressing, sesame seeds, choice of fish sides

fish sides options: home fries, quinoa, sweet potato fries, israeli salad, house salad, roasted peppers

NEW! PENNE ALLA VODKA 18 penne, pink cream sauce, parmesan cheese

NEW! FETTUCCINE ALFREDO 18 fettuccine, white alfredo sauce, parsley

18 **NEW! BAKED ZITI** penne, marinara sauce, shredded cheese

16 **NEW! EGGPLANT BALLS** eggplant balls, marinara sauce, parsley, cilantro, basil

NEW! FALAFEL SALAD PIZZA 20

gluten free crust, romaine lettuce, Israeli salad, sour pickles, RR falafel balls, tahini drizzle

BAKED 'SITTY' SOUASH spaghetti squash 'noodles', chunky marinara, sheep feta cheese NEW! choice of; mushroom onion, pizza

16 **DECONSTRUCTED QUINOA BURGER** quinoa burger 'buns', fresh tomato, avocado, lettuce, choice of: RR spicy onion dip or RR tuna

EGGPLANT PARMESAN 16 breaded eggplant, marinara sauce, exclusive cheese blend

18 **GNOCCHI** Pan seared tender potato dumplings, bianca sauce,

NEW! choice of: creamed spinach, wild mushroom

GOURMET QUESADILLAS grilled wrap, exclusive cheese blend filling choice: mushroom onion, egg & cheese, grilled vegetables, eggplant parm, avocado, pizza, tuna melt

GRILLED PANINIS 12 grilled baquette, pizza sauce, exclusive cheese blend,

filling choice: mushroom, pizza, tuna, grilled veggies, eggplant parm ROASTED VEGETABLE MELT

julienne medley of; carrots, zucchini, peppers, onions, cheese blend

PIZZA BAGEL HJ handcrafted bagels, pizza sauce, exclusive cheese blend with choice of: pizza, tuna melt, eggplant

6.50 SOUP DU JOUR hot fresh daily. check for availability, self serve at soup station

5.50

choice of: classic, spicy, sweet potato, mixed 13/15 **CLASSIC AMERICAN PIZZETTE**

each additional topping + \$1

roasted tomato sauce, three cheese blend 10" crust available in regular & whole wheat or on Rorie's gluten free

crust, bracha hamotzi

color heirloom tomatoes, hearts of palm, avocado, RR creamy garlic dressina

MACRO COBB SALAD broiled salmon, tricolor quinoa, hard boiled eggs, avocado, cherry tomatoes, kale + mixed greens, RR honey mustard dressing

🔃 LEMON DIJON MUSHROOM SALAD

balsamic shiitake mushrooms, portabella chips, tri-color quinoa, watermelon radish, slivered almonds, sheep feta cheese, baby arugula, RR lemon dijon dressing

RAINBOW HEALTH BOWL

char-grilled mini peppers, portabella mushrooms, romaine lettuce, shredded beets, shredded carrots, organic quinoa, cheese "croutons", herbed Greek yogurt dressing

WARM MUSHROOM BOWL

shiitake mushrooms, green beans and, red onions; romaine lettuce, cherry tomatoes, walnuts, feta cheese, soya dressing

GREATBEGINNINGS

16 **NEW! GUACAMOLE CHIP PLATTER**

corn tortillas, quacamole, arabian salad, flaked fish

12.50 **NEW! PANZEROTTI** crispy buttery filled sticks served with parmesan dipping sauce

flavors available: spicy olive & scallion cheese **NEW! SWEET PEPPER BITES**

12.50 crispy dough, sweet pepper jam, smoked gouda served with

parmesan dipping sauce **CAULIFLOWER POPPERS**

16 crispy tempura coated cauliflower, sticky & spicy buffalo sauce, honey

12.50 **EMPANADAS**

crispy butter dough pockets, deep fried, stuffing choice: cheesy spinach, buttery mushroom, pizza

GARLIC BOMBS 12.50 crispy butter dough, melted cheese, deep fried, herbed garlic coulis, marinara dipping sauce

MOZZARELLA COILS

crispy butter dough, melted mozzarella cheese, deep fried, marinara and blooming dipping sauces

SMOKEY TATER TOTS smoky bbq exterior, crispy potato tots, deep fried, marinara and parmesan sour cream dipping sauces

Rorie's Recipe

Skinny - Sugar free

ALLERGY ALERT: Please be aware that our food may contain or come in contact with common allergens such as dairy, eggs, soybeans, tree nuts, peanuts, fish, or wheat. All Gluten free ingredients are processed on gluten & grain equipment.



25





COLDCUPS
available in skinny/also available in decaf
NEW! CREAM PUFF CREMEO condensed milk, ice cream, vanilla cookie crumbs, whipped cream
NEW! LEMON MOUSSE CREMEO lemon curd, ice cream, whipped cream
NEW! JAVA JEWELS jelled coffee pearls, sweetened condensed milk, cream
NEW! LEMON EXPLOSION ICEE freshly squeezed lemon, blueberries, lightly sweetened, crushed ice.
NEW! ELECTROLYTE DRINK 7
freshly squeezed orange & lemon, raw honey, himalayan pink salt, ice cubes. Powerful electrolyte drink that's high in vitamin C, potassium magnesium & other trace minerals.
NEW! COLLAGEN COFFEE DRINK espresso, almond milk, collagen, maple syrup, ice. Superpowers in a cup. With proteins to keep you satiated, plus improve your skin elasticity, good for your bone density and improve joint pain
TOFFEE JAVA espresso, ice cream, toffee flavor, blended, whipped cream
CREMEOS 8/9
ice cream, milk, whipped cream flavors available: pinkalicious, rocky peanut, cookies & cream, vanilla milkshake, chocolate, mixed milkshake
SKINNY JAVA espresso, blended ice, skim milk, homemade sugar free low calorie syrup
espresso, blended ice, skim milk, homemade sugar free low calorie syrup FRAPPES 6
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espresso, blended ice, skim milk, homemade sugar free low calorie syrup FRAPPES espresso, blended ice, milk, whipped cream add a flavor: caramel, french vanilla, mocha, hazelnut FROSTERS (No Espresso) blended ice, milk, whipped cream. available in: praline, double chocolate FRUTEOS blended ice, base, real fruit, sweetener, whipped cream, flavors avail: strawberry, mango, tropical blend.
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COFFEE KICK CLUSTER bold espresso, ice cream, milk chocolate nuggets, whipped cream

HOTCUPS	
available in skinny/also available in decaf	
CINNAMON ROLL LATTE espresso, steamed foamed milk, cinnamon, cream cheese frost	6 ing
SALTED CARAMEL LATTE espresso, steamed foamed milk, dairy caramel sauce, sea salt	6
MOCHA espresso, steamed foamed milk, dairy chocolate sauce	6
CARAMEL MACCHIATO espresso, steamed foamed milk, dairy caramel sauce	6
SKINNY MUD espresso, steamed skim milk, sugar free low calorie mocha sauc	6 ce
ESPRESSO, Steamed micro foamed milk. add a flavor: caramel, french vanilla & hazelnut	5
SWISS CHOCOLATE MELT steamed foamed milk, swiss chocolate available in milk or white chocolate	6
HOT COCOA steamed foamed milk, cocoa powder, sugar	4.50
BREAKFASTMENU	
NEW! BREAKFAST BURRITO omelet, shredded cheese, shakshuka sauce, home fries, wrap	10
NEW! MORNING CIGARS spinach scrambled egg, guacamole, mini soft corn tortilla, cdressing	12 reamy
NEW! TATER TOT WAFFLE tater tot waffle, guacamole, sunny side up, smoky flavor, chive cream dipping sauce	ے es sou
NEW! BROCCOLI CHEESE PANCAKE broccoli cheese pancake, guacamole, shiitake mushrooms, RR c garlic dressing, optional: sunny side up +\$2 or flaked salmon +	
NEW! DAIRY HASH BROWNS home fries, bianca sauce, shredded cheese	10
R SPINACH EGG FLORENTINE	16
baked sweet potato, buttery scrambled eggs, fresh spinach, feta cheese, hollandaise sauce	
RORIE'S BREAKFAST SPECIAL veggie omelet, gluten free bagel, small leafy salad, RR dressing	15
BREAKFAST POWER BOWL tri-color quinoa, leafy greens, fresh veggies, 2 sunny side ups, bal + herb dressing, gluten free bagel	15 Isamic
BREAKFAST EXPRESS includes; buttered bagel + eggs + coffee; choice of home fries, or both	10/12 salad,
SHAKSHUKA israeli salsa, three sunny side ups, bread choice	16
SPECIALTY OMELET omelettes made to order with three farm fresh eggs, bread of filling combo options: green spinach, mushroom onion, ghealth, spanish, HJ scrambled	

CREATE YOUR OWN OMELET 7.50 made with three farm fresh eggs, bread choice, each additional topping +\$1	
GRAIN FREE PANCAKES three pancakes, hazelnut drizzle, berry coulis dipping sauce	
PANCAKES 9/9.50/10	
three homemade fluffy pancakes. available in: classic, delinut swirl, cinnamon roll, blueberry, chocolate chip	
EGG & CHEESE QUESADILLA 12 grilled wrap, creamy scrambled eggs, melted cheese, side of guacamole	
SUNRISE CROISSANT SANDWICH 8 to a sted french croissant, butter, egg om elette, to matoes, american cheese	
FRIED EGG SANDWICH 7 egg omelette, bread choice, vegetable toppings	
HOBO SANDWICH 7 fried egg omelette, home fries, bread choice	
FARINA 6 authentic Hungarian style, self serve at soup station	
BREAKFAST YOUR WAY 12	
three scoops spreads your choice, two chopped salads your choice, bread option your choice	
SANDWICHES includes up to 4 toppings.	
available on bagel & whole grain bread, wrap/baguette & croissant +\$1	
available on Rorie's gluten free bagel + \$1	
NEW! LOX CROISSANT 15 croissant, roasted garlic cream cheese, sliced lox, pickled onion, capers	
NEW! CRILLED PEPPER TOAST 15	
sourdough bread, roasted garlic cream cheese, roasted sweet pepper & onion, arugula	
NEW! (R) AVOCADO TOAST 15	
sourdough bread, guacamole, pickled onions, tri-color cherry tomatoes, sheep feta, arugula, optional add: sunny side up +\$2	
TUNA SANDWICH available in classic tuna, scallion tuna, vegetable tuna, spicy tuna or Rorie's tuna	
GRILLED SALMON WRAP 12	
EGG SANDWICH 6.50 available in sliced egg, egg salad	
AVOCADO SANDWICH 8 available in sliced avocado, guacamole	
LOX SANDWICH 8/10 available in sliced lox, lox salad	
CREAM CHEESE SANDWICH 4	
available in classic cream cheese, scallion cream cheese, vegetable cream cheese + .25 each topping	

BUTTER SANDWICH

available in classic butter, garlic butter + .25 each topping

3.50



