## LUNCHMENU

# SPINACH STUFFED SALMON salmon, feta cheese, parmesan cheese, mozzarella cheese, creamed spinach, choice of fish sides COCONUT AMINOS SALMON 28

norwegian salmon, coconut aminos, RR creamy dressing, sesame seeds, **choice of fish sides** 

fish sides options: home fries, quinoa, sweet potato fries, israeli salad, house salad, roasted peppers

PENNE ALLA VODKA penne, pink cream sauce, parmesan cheese	22
FETTUCCINE ALFREDO fettuccine, white alfredo sauce, parsley	22
BAKED ZITI	22

penne, marinara sauce, shredded cheese

EGGPLANT BALLS
eggplant balls, marinara sauce, parsley, cilantro, basil

FALAFEL SALAD PIZZA
gluten free crust, romaine lettuce, Israeli salad, sour pickles, RR
falafel balls, tahini drizzle, (bracha hamotzi)

BAKED 'SITTY' SQUASH

spaghetti squash 'noodles', chunky marinara, sheep feta cheese

NEW! choice of: mushroom onion, pizza

DECONSTRUCTED QUINOA BURGER quinoa burger 'buns', fresh tomato, avocado, lettuce,

choice of: RR spicy onion dip o r RR tuna

EGGPLANT PARMESAN 20

breaded eggplant, marinara sauce, exclusive cheese blend

GNOCCHI

23

pan seared tender potato dumplings, bianca sauce, NEW! choice of: creamed spinach, wild mushroom

GOURMET QUESADILLAS 16

grilled wrap, exclusive cheese blend filling choice: mushroom onion, egg & cheese, grilled vegetables, eggplant parm, avocado, pizza, tuna melt

GRILLED PANINIS 16

grilled baguette, pizza sauce, exclusive cheese blend, filling choice: mushroom, pizza, tuna, grilled veggies, eggplant parm

ROASTED VEGETABLE MELT

julienne medley of: carrots, zucchini, peppers, onions, cheese blend

PIZZA BAGEL

HJ handcrafted bagels, pizza sauce, exclusive cheese blend choice of: pizza, tuna melt, eggplant

SOUP DU JOUR hot fresh daily. check for availability, self serve at soup station

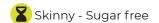
FRIES 7.50 choice of: classic, spicy, sweet potato, mixed

CLASSIC AMERICAN PIZZETTE 16/19

each additional topping + \$1.25 roasted tomato sauce, three cheese blend

available on: sourdough crust (bracha mezonos) or on Rorie's gluten free crust (bracha hamotzi)





ALLERGY ALERT: Please be aware that our food may contain or come in contact with common allergens such as dairy, eggs, soybeans, tree nuts, peanuts, fish, or wheat. All Gluten free ingredients are processed on gluten & grain equipment.

## SALADBOWLS

warm toppings



sesame encrusted salmon, chickpea "croutons", mixed greens, tricolor heirloom tomatoes, hearts of palm, avocado, RR creamy garlic dressing

#### MACRO COBB SALAD

24

24

broiled salmon, tri-color quinoa, hard boiled eggs, avocado, cherry tomatoes, kale + mixed greens, RR honey mustard dressing

### R LEMON DIJON MUSHROOM SALAD

balsamic shiitake mushrooms, portabella chips, tri-color quinoa, watermelon radish, slivered almonds, sheep feta cheese, baby arugula, RR lemon dijon dressing

#### RAINBOW HEALTH BOWL

23

char-grilled mini peppers, portabella mushrooms, romaine lettuce, shredded beets, shredded carrots, organic quinoa, cheese "croutons", herbed Greek yogurt dressing

#### WARM MUSHROOM BOWL

2

20

shiitake mushrooms, green beans and, red onions, romaine lettuce, cherry tomatoes, walnuts, feta cheese, soya dressing

## GREATBEGINNINGS

#### GUACAMOLE CHIP PLATTER

corn tortillas, guacamole, arabian salad, add: flaked fish +\$4

#### CAULIFLOWER POPPERS 20

crispy tempura coated cauliflower, sticky & spicy buffalo sauce, honey mustard dipping sauce

#### EMPANADAS 18

crispy butter dough pockets, deep fried, stuffing choice: cheesy spinach, buttery mushroom, pizza

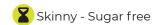
## GARLIC BOMBS 18 crispy butter dough, melted cheese, deep fried, herbed garlic coulis,

crispy butter dough, melted cheese, deep fried, herbed garlic coulis marinara dipping sauce

## crispy butter dough, melted mozzarella cheese, deep fried, marinara and blooming dipping sauces

Rorie's Recipe

**MOZZARELLA COILS** 



ALLERGY ALERT: Please be aware that our food may contain or come in contact with common allergens such as dairy, eggs, soybeans, tree nuts, peanuts, fish, or wheat. All Gluten free ingredients are processed on gluten & grain equipment.





风 MAPLE PECAN LATTE JREAM 7.50 espresso, steamed foamed milk, maple syrup, pecan syrup, cinnamon

TURTLE LATTE JREAM 7.50

espresso, steamed foamed milk, caramel sauce, chocolate sauce. pecan syrup

PRALINE BAR LATTE JROP 7.50

espresso steamed foamed skim milk, sugar-free dairy chocolate chunks, sugar-free praline flavor

7.50 CRANBERRY LEMONADE JRIZZLE cranberry juice, lemonade, sugar free sweetener steamed; fresh lemon, cranberries

PASSION NANA TEA JRIZZLE 7.50

nana tea, peach & passion tea, steamed lemonade, fresh lemons

CREME BRULEE WHITE CHOCOLATE JROOL 8.50 steamed foamed milk, dairy white chocolate chunks, caramelized

sugar 8.50 PB HOT CHOCOLATE JROOL

steamed foamed milk, swiss chocolate chunks, peanut butter

R FERMENTED HEALING TEA 8.50

raw wildflower honey, fresh ginger root, hot water. Enjoy it for its medicinal properties, like soothing a sore throat or upset stomach, or just because it's so good!

NEW! COLLAGEN CASHEW LATTE 9.50

espresso, steamed foamed milk, collagen, cashew butter, silan, cinnamon. Super filling. Bursting with extra proteins, healthy fats, and good for you fiber. Kindly note, since this is very foamed milk, milk may lose the air bubbles as time passes.

7.50 NUTTER FLUTTER LATTE

espresso, steamed milk, peanut butter, caramel sauce, marshmallow fluff

7.50 CARAMEL COFFEE CLOUD

Whipped coffee, steamed milk, caramel, Kindly note, since this is very foamed milk, milk may lose the air bubbles as time passes.

8.50 CHURRO STEAMER

steamed foamed milk, white chocolate, cinnamon & brown sugar

7.50 CINNAMON ROLL LATTE steamed foamed milk, cinnamon, cream cheese frosting

SALTED CARAMEL LATTE 7.50

espresso, steamed foamed milk, dairy caramel sauce, sea salt

MOCHA 7.50

espresso, steamed foamed milk, dairy chocolate sauce 7.50 CARAMEL MACCHIATO

espresso, steamed foamed milk, dairy caramel sauce

7.50 SKINNY MUD

espresso, steamed skim milk, sugar free low calorie mocha sauce

6.50

espresso, steamed micro foamed milk, add a flavor: caramel, french vanilla & hazelnut

SWISS CHOCOLATE MELT 8 steamed foamed milk, swiss chocolate.

6

available in milk or white chocolate

HOT COCOA steamed foamed milk, cocoa powder, sugar

available in skinny/also available in decaf

9.50 **TOFFEE JAVA** 

espresso, ice cream, toffee flavor, blended, whipped cream

9.50/10.50 **CREMEOS** 

ice cream, milk, whipped cream

flavors available: pinkalicious, rocky peanut, cookies & cream, cream puff, vanilla, chocolate, or mixed

SKINNY JAVA

espresso, blended ice, skim milk, homemade sugar free low calorie syrup

8

6/7

FRAPPES 8 espresso, blended ice, milk, whipped cream

add a flavor: caramel, french vanilla, mocha, hazelnut

8 FROSTERS (No Espresso) blended ice, milk, whipped cream. available in: praline, double chocolate

9 blended ice, base, fruit puree concentrate, sweetener, whipped cream flavors avail: strawberry, mango, tropical blend.

bases avail: milk, water, orange juice

ON THE ROCKS espresso, ice cubes, milk, whipped cream.

add a flavor: iced latte, iced mocha, iced caramel macchiato, iced chocolate (no espresso), iced americano (served black)

## BREAKFASTMENU

**BREAKFAST BURRITO** 13.50

omelet, shredded cheese, shakshuka sauce, home fries, wrap

**MORNING CIGARS** 16

spinach scrambled egg, guacamole, mini soft corn tortilla, creamy dressing

**DAIRY HASH BROWNS** 14 home fries, bianca sauce, shredded cheese

SPINACH EGG FLORENTINE 20

baked sweet potato, buttery scrambled eggs, fresh spinach, sheep feta cheese, hollandaise sauce

19 RORIE'S BREAKFAST SPECIAL

veggie omelet, gluten free bagel (bracha hamotzi) small leafy salad, RR dressing

19 BREAKFAST POWER BOWL

tri-color quinoa, leafy greens, fresh veggies, 2 sunny side ups, balsamic + herb dressing, gluten free bagel (bracha hamotzi)

13/15 **BREAKFAST EXPRESS** includes; bagel + eggs + coffee; choice of home fries, salad, or both

**SHAKSHUKA** 20

israeli salsa, three sunny side ups, bread choice

SPECIALTY OMELET 13

omelettes made to order with three farm fresh eggs, bread choice, filling combo options: green spinach, mushroom onion, greek, health, spanish, HJ scrambled

**CREATE YOUR OWN OMELET** 

made with three farm fresh eggs, bread choice, each additional topping + \$1.25

GRAIN FREE PANCAKES

three pancakes, hazelnut drizzle, berry coulis dipping sauce (bracha shehakol)

12.50/13.50 **PANCAKES** 

three homemade fluffy pancakes.

available in: classic, delinut swirl, cinnamon roll, blueberry, chocolate

16

11

8

16

**EGG & CHEESE QUESADILLA** 

grilled wrap, creamy scrambled eggs, melted cheese, side of guacamole

SUNRISE CROISSANT SANDWICH

toasted french croissant, butter, egg omelette, tomatoes, american

FRIED EGG SANDWICH 9.50

egg omelette, bread choice, vegetable toppings

10 HOBO SANDWICH

fried egg omelette, home fries, bread choice

**FARINA** 

authentic Hungarian style, self serve at soup station

**BREAKFAST YOUR WAY** 

three scoops spreads your choice, two chopped salads your choice, bread option your choice

## SANDWIC

includes up to 4 toppings. available on bagel, wrap & whole grain bread (no additional charge) Applies to anything that has the option for bread. spelt bagel, gluten free bagel, baguette +\$1.50 / sourdough bread +\$2 / croissant +\$3

available on Rorie's gluten free bagel +\$1.50 (bracha hamotzi) sourdough bread is available in wheat and spelt +\$2

LOX CROISSANT 18

croissant, roasted garlic cream cheese, sliced lox, pickled onion, capers

GRILLED PEPPER TOAST 18 sourdough bread, roasted garlic cream cheese, roasted sweet

pepper & onion, arugula

**AVOCADO TOAST** 18 sourdough bread, guacamole, pickled onions, tri-color cherry

tomatoes, sheep feta, arugula, optional add: sunny side up +\$2.50

**TUNA SANDWICH** 10 available in classic tuna, scallion tuna, vegetable tuna, spicy tuna

or Rorie's tuna

20 **GRILLED SALMON WRAP** 

**EGG SANDWICH** 8.50 available in sliced egg, egg salad

10 AVOCADO SANDWICH available in sliced avocado, guacamole

10/13 LOX SANDWICH

available in sliced lox, lox salad

**CREAM CHEESE SANDWICH** 6 available in classic cream cheese, scallion cream cheese, vegetable

cream cheese + .50 each topping **BUTTER SANDWICH** 5

available in classic butter, garlic butter + .50 each topping