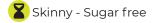


LUNCHMENU

NEW! SPINACH STUFFED SALMON salmon, feta cheese, parmesan cheese, mozzarella cheese, ci spinach, choice of fish sides	27 reamed	
NEW! (R) COCONUT AMINOS SALMON	26	
norwegian salmon, coconut aminos, RR creamy dressing, seeds, choice of fish sides	sesame	
fish sides options: home fries, quinoa, sweet potato fries, israeli salad, house salad, roasted peppers		
NEW! PENNE ALLA VODKA penne, pink cream sauce, parmesan cheese	19	
NEW! FETTUCCINE ALFREDO fettuccine, white alfredo sauce, parsley	19	
NEW! BAKED ZITI penne, marinara sauce, shredded cheese	19	
NEW! EGGPLANT BALLS eggplant balls, marinara sauce, parsley, cilantro, basil	18	
NEW! (R) FALAFEL SALAD PIZZA	22	
gluten free crust, romaine lettuce, Israeli salad, sour pickles, RR falafel balls, tahini drizzle, (bracha hamotzi)		
BAKED 'SITTY' SQUASH	20	
spaghetti squash 'noodles', chunky marinara, sheep feta cheese NEW! choice of: mushroom onion, pizza		
DECONSTRUCTED QUINOA BURGER	18	
quinoa burger 'buns', fresh tomato, avocado, choice of: RR spicy onion dip or RR tuna	lettuce,	
EGGPLANT PARMESAN breaded eggplant, marinara sauce, exclusive cheese blend	18	
GNOCCHI	20	
pan seared tender potato dumplings, bianca sauce, NEW! choice of: creamed spinach, wild mushroom		
GOURMET QUESADILLAS	14	
grilled wrap, exclusive cheese blend filling choice: mushroom onion, egg & cheese, grilled vegetables, eggplant parm, avocado, pizza, tuna melt		
GRILLED PANINIS	14	
grilled baguette, pizza sauce, exclusive cheese blend, filling choice: mushroom, pizza, tuna, grilled veggies, eggplant parm		
ROASTED VEGETABLE MELT julienne medley of: carrots, zucchini, peppers, onions, cheese l	14 olend	
PIZZA BAGEL HJ handcrafted bagels, pizza sauce, exclusive cheese blend wi choice of: pizza, tuna melt, eggplant	9 th	
SOUP DU JOUR hot fresh daily. check for availability, self serve at soup station	7.50	
FRIES choice of: classic, spicy, sweet potato, mixed	6.50	
CLASSIC AMERICAN PIZZETTE	15/17	
each additional topping + \$1.25 roasted tomato sauce, three cheese blend available on: sourdough crust (bracha mezonos) or on Rorie's gluten free crust (bracha hamotzi)		

Rorie's Recipe

free crust (bracha hamotzi)



ALLERGY ALERT: Please be aware that our food may contain or come in contact with common allergens such as dairy, eggs, soybeans, tree nuts, peanuts, fish, or wheat. All Gluten free ingredients are processed on gluten & grain equipment.

GREATBEGINNINGS

NEW! GUACAMOLE CHIP PLATTER 18 corn tortillas, quacamole, arabian salad, add: flaked fish +\$4

15

15

NEW! PANZEROTTI crispy buttery filled sticks served with parmesan dipping sauce flavors available: spicy olive & jalapeno cheese

NEW! SWEET PEPPER BITES

crispy dough, sweet pepper jam, smoked gouda served with parmesan dipping sauce

CAULIFLOWER POPPERS 18 crispy tempura coated cauliflower, sticky & spicy buffalo sauce, honey

mustard dipping sauce

15 **EMPANADAS** crispy butter dough pockets, deep fried,

GARLIC BOMBS

stuffing choice: cheesy spinach, buttery mushroom, pizza

15 crispy butter dough, melted cheese, deep fried, herbed garlic coulis, marinara dipping sauce

MOZZARELLA COILS crispy butter dough, melted mozzarella cheese, deep fried, marinara and blooming dipping sauces

SUPERBOWL

Good Fro You – no added sweetener, sweetened with fruit. Add honey for a sweeter palate.

PITAYA BOWL	74
topped with: granola, blueberries, kiwi, slivered almonds	

14 **ACAI BOWL** topped with: granola, blueberries, mango, coconut flakes

MACRO-BOWL "The goodness of the Superbowl transformed into a Macro meal that will fill and fuel you for hours. The fiber and whole carbs of fruit are balanced with the protein of cashew butter and healthy fat of avocado, stabilizing blood sugar and increasing satiation. Lick it clean and feel the difference"

STRAWBERRY MANGO MACRO-BOWL

topped with: blueberries, mango, red seedless grapes, almonds, chia

seeds BERRY BLAST MACRO-BOWL topped with: red seedless grapes, blueberries, mango, walnuts, cacao

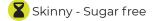
CREATE YOUR OWN SUPERBOWL 17

base: pitaya bowl, acai bowl, strawberry mango macro bowl, berry blast macro bowl

4 toppings included, each additional +\$2

honey - no charge, fresh kiwi, fresh banana, fresh mango, fresh pineapple, fresh red seedless grapes, frozen blueberries, large coconut flakes, cacao nibs, chia seeds, GF granola, slivered almonds walnuts, cashew butter, dairy nutella butter

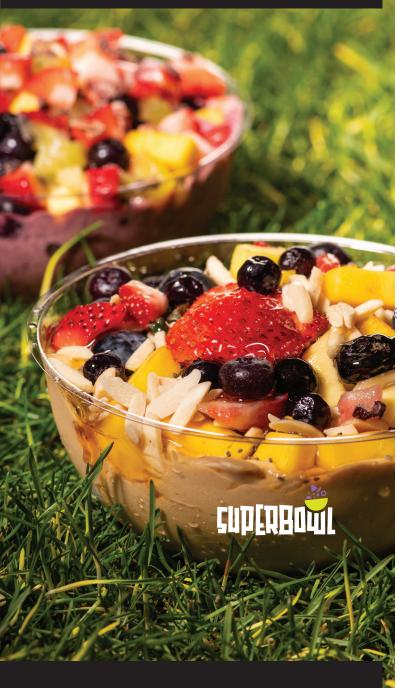
Rorie's Recipe



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CONSISTENTLY **CRAVEWORTHY™**

HJMENU





TOWN SQUARE: 371-5282 WESLEY: 362-1019 HAVAJAVAONLINE.COM







nana tea, passion and peach tea, lemonade, fresh lemons, lightly sweetened

CHUNKY CARAMEL JREAM

SUMMER S'MORES JREAM

7.50

caramels, dairy caramel sauce, milk, blended ice

dairy caramel sauce, lotus cream, chocolate chips, milk, blended ice

ELECTROLYTE DRINK 8

freshly squeezed lemon and orange, raw honey, himalayan pine cubes. powerful electrolyte drink that's high in vitamin C, potassium, magnesium, & other trace minerals

LEMON EXPLOSION ICEE freshly squeezed zesty lemon juice, blueberries, lightly sweetened, blended ice

STRAWBERRY LIMEADE strawberries, tart lime, lightly sweetened, blended ice (80 cals)

COLLAGEN WHIPPED COFFEE

 \bigoplus

8.50

7

espresso, almond milk, maple syrup, ice cubes. Superpowers in a cup. with proteins to keep you satiated, plus improve your skin elasticity, good for your bone density, and improve joint pain

NEW! SEVENTH HEAVEN CLUSTER 10 peanut butter, milk chocolate nuggets, chewy caramels, peanut clusters, ice cream, whipped cream

WICKED CLUSTER 10 caramel, praline bits, ice cream, milk chocolate nuggets, whipped

CLOUD9 CLUSTER

caramel sauce, nougat, ice cream, milk chocolate nuggets, whipped

COFFEE KICK CLUSTER 10 bold espresso, ice cream, milk chocolate nuggets, whipped cream

8.50 **TOFFEE JAVA**

espresso, ice cream, toffee flavor, blended, whipped cream 8.50/9.50 **CREMEOS**

ice cream, milk, whipped cream flavors available: pinkalicious, rocky peanut, cookies & cream, cream puff, vanilla, chocolate, or mixed

SKINNY JAVA

espresso, blended ice, skim milk, homemade sugar free low calorie syrup

FRAPPES espresso, blended ice, milk, whipped cream

add a flavor: caramel, french vanilla, mocha, hazelnut 7

FROSTERS (No Espresso) blended ice, milk, whipped cream. available in: praline, double chocolate

FRUTEOS blended ice, base, fruit puree concentrate, sweetener, whipped cream flavors avail: strawberry, mango, tropical blend.

bases avail: milk, water, orange juice

ON THE ROCKS espresso, ice cubes, milk, whipped cream.

5.50/6

quacamole

add a flavor: iced latte, iced mocha, iced caramel macchiato, iced chocolate (no espresso), iced americano (served black)

X SKINNY MUD

available in skinny - available in decaf

6.50 **CINNAMON ROLL LATTE** steamed foamed milk, cinnamon, cream cheese frosting

6.50 SALTED CARAMEL LATTE

espresso, steamed foamed milk, dairy caramel sauce, sea salt

6.50

espresso, steamed foamed milk, dairy chocolate sauce

CARAMEL MACCHIATO 6.50 espresso, steamed foamed milk, dairy caramel sauce

espresso, steamed skim milk, sugar free low calorie mocha sauce

5.50 espresso, steamed micro foamed milk. add a flavor: caramel, french vanilla & hazelnut

SWISS CHOCOLATE MELT

steamed foamed milk, swiss chocolate. available in milk or white chocolate

X HOT COCOA steamed foamed milk, cocoa powder, sugar

BREAKFASTME

12 **NEW! BREAKFAST BURRITO** omelet, shredded cheese, shakshuka sauce, home fries, wrap

NEW! MORNING CIGARS

14 spinach scrambled egg, guacamole, mini soft corn tortilla, creamy dressing

NEW! DAIRY HASH BROWNS 12 home fries, bianca sauce, shredded cheese

SPINACH EGG FLORENTINE 18 baked sweet potato, buttery scrambled eggs, fresh spinach, sheep

feta cheese, hollandaise sauce RORIE'S BREAKFAST SPECIAL 17

veggie omelet, gluten free bagel (bracha hamotzi) small leafy salad, RR dressina

BREAKFAST POWER BOWL 17

tri-color quinoa, leafy greens, fresh veggies, 2 sunny side ups, balsamic + herb dressing, gluten free bagel (bracha hamotzi)

BREAKFAST EXPRESS 11.50/13.50 includes; bagel + eggs + coffee; choice of home fries, salad, or both

18 SHAKSHUKA israeli salsa, three sunny side ups, bread choice

SPECIALTY OMELET

11.50 omelettes made to order with three farm fresh eggs, bread choice, filling combo options: green spinach, mushroom onion, greek, health, spanish, HJ scrambled

8.50 **CREATE YOUR OWN OMELET** made with three farm fresh eggs, bread choice, each additional topping + \$1.25

GRAIN FREE PANCAKES 15 three pancakes, hazelnut drizzle, berry coulis dipping sauce (bracha

11/12 **PANCAKES** three homemade fluffy pancakes. available in: classic, delinut swirl, cinnamon roll, blueberry, chocolate chip

EGG & CHEESE QUESADILLA grilled wrap, creamy scrambled eggs, melted cheese, side of SUNRISE CROISSANT SANDWICH toasted french croissant, butter, egg omelette, tomatoes, american cheese

FRIED EGG SANDWICH egg omelette, bread choice, vegetable toppings

8.50 **HOBO SANDWICH** fried egg omelette, home fries, bread choice

authentic Hungarian style, self serve at soup station 14 **BREAKFAST YOUR WAY**

three scoops spreads your choice, two chopped salads your choice, bread option your choice

SANDWICHES

6.50

5

available on bagel, wrap & whole grain bread (no additional charge)5 / baguette & croissant +\$1.75 / spelt bagel +\$1.25

available on Rorie's gluten free bagel +\$1.25 (bracha hamotzi) sourdough bread is available in wheat and spelt + 1.75

NEW! LOX CROISSANT 16

croissant, roasted garlic cream cheese, sliced lox, pickled onion, capers

NEW! CRILLED PEPPER TOAST 16 sourdough bread, roasted garlic cream cheese, roasted sweet pepper & onion, arugula

NEW! AVOCADO TOAST 16 sourdough bread, guacamole, pickled onions, tri-color cherry

tomatoes, sheep feta, arugula, optional add: sunny side up +\$2.50 TUNA SANDWICH

available in classic tuna, scallion tuna, vegetable tuna, spicy tuna or Rorie's tuna **GRILLED SALMON WRAP** 18

7.50 **EGG SANDWICH** available in sliced egg, egg salad

9 **AVOCADO SANDWICH**

available in sliced avocado, guacamole LOX SANDWICH 9/11

available in sliced lox, lox salad

CREAM CHEESE SANDWICH available in classic cream cheese, scallion cream cheese, vegetable cream cheese + .50 each topping

BUTTER SANDWICH 4.50 available in classic butter, garlic butter + .50 each topping

SESAME SURPRISE SALAD

22 sesame encrusted salmon, chickpea "croutons", mixed greens, tri-color

heirloom tomatoes, hearts of palm, avocado, RR creamy garlic dressing

MACRO COBB SALAD broiled salmon, tri-color quinoa, hard boiled eggs, avocado, cherry

tomatoes, kale + mixed greens, RR honey mustard dressing

LEMON DIJON MUSHROOM SALAD 22 balsamic shiitake mushrooms, portabella chips, tri-color quinoa, watermelon radish, slivered almonds, sheep feta cheese, baby arugula, RR lemon dijon dressing

RAINBOW HEALTH BOWL

char-grilled mini peppers, portabella mushrooms, romaine lettuce, shredded beets, shredded carrots, organic quinoa, cheese "croutons", herbed Greek yogurt dressing

WARM MUSHROOM BOWL 20 shiitake mushrooms, green beans and, red onions, romaine lettuce, cherry tomatoes, walnuts, feta cheese, soya dressing







9.50



20



