


LUNCHMENU

SPINACH STUFFED SALMON	29
salmon, feta cheese, parmesan cheese, mozzarella cheese, creamed spinach, choice of fish sides	
 COCONUT AMINOS SALMON	28
norwegian salmon, coconut aminos, RR creamy dressing, sesame seeds, choice of fish sides	
fish sides options: home fries, quinoa, sweet potato fries, israeli salad, house salad, roasted peppers	
PENNE ALLA VODKA	22
penne, pink cream sauce, parmesan cheese	
FETTUCCHINE ALFREDO	22
fettuccine, white alfredo sauce, parsley	
BAKED ZITI	22
penne, marinara sauce, shredded cheese	
EGGPLANT BALLS	20
eggplant balls, marinara sauce, parsley, cilantro, basil	
 FALAFEL SALAD PIZZA	24
gluten free crust, romaine lettuce, Israeli salad, sour pickles, RR falafel balls, tahini drizzle, (bracha hamotzi)	
 BAKED 'SITTY' SQUASH	23
spaghetti squash 'noodles', chunky marinara, sheep feta cheese NEW! choice of: mushroom onion, pizza	
 DECONSTRUCTED QUINOA BURGER	20
quinoa burger 'buns', fresh tomato, avocado, lettuce, choice of: RR spicy onion dip or RR tuna	
EGGPLANT PARMESAN	20
breaded eggplant, marinara sauce, exclusive cheese blend	
GNOCCHI	23
pan seared tender potato dumplings, bianca sauce, choice of: creamed spinach, wild mushroom	
GOURMET QUESADILLAS	16
grilled wrap, exclusive cheese blend filling choice: mushroom onion, egg & cheese, grilled vegetables, eggplant parm, avocado, pizza, tuna melt	
GRILLED PANINIS	16
grilled baguette, pizza sauce, exclusive cheese blend, filling choice: mushroom, pizza, tuna, grilled veggies, eggplant parm	
 ROASTED VEGETABLE MELT	16
julienne medley of: carrots, zucchini, peppers, onions, cheese blend	
PIZZA BAGEL	10
HJ handcrafted bagels, pizza sauce, exclusive cheese blend choice of: pizza, tuna melt, eggplant	
SOUP DU JOUR	9
hot fresh daily. check for availability, self serve at soup station	
FRIES	7.50
choice of: classic, spicy, sweet potato, mixed	
CLASSIC AMERICAN PIZZETTE	16/19
each additional topping + \$1.25 roasted tomato sauce, three cheese blend available on: sourdough crust (bracha mezonos) or on Rorie's gluten free crust (bracha hamotzi)	

 Rorie's Recipe

 Skinny - Sugar free


ALLERGY ALERT: Please be aware that our food may contain or come in contact with common allergens such as dairy, eggs, soybeans, tree nuts, peanuts, fish, or wheat. All Gluten free ingredients are processed on gluten & grain equipment.

SANDWICHES

includes up to 4 toppings. available on bagel, wrap & whole grain bread (no additional charge) Applies to anything that has the option for bread. gluten free bagel, baguette +\$1.50 / sourdough bread +\$2 / croissant +\$3

 available on Rorie's gluten free bagel +\$1.50 (bracha hamotzi) sourdough bread is available in wheat and spelt +\$2	
LOX CROISSANT	18
croissant, roasted garlic cream cheese, sliced lox, pickled onion, capers	
 GRILLED PEPPER TOAST	18
sourdough bread, roasted garlic cream cheese, roasted sweet pepper & onion, arugula	
 AVOCADO TOAST	18
sourdough bread, guacamole, pickled onions, tri-color cherry tomatoes, sheep feta, arugula, optional add: sunny side up +\$2.50	
TUNA SANDWICH	10
available in classic tuna, scallion tuna, vegetable tuna, spicy tuna or Rorie's tuna	
GRILLED SALMON WRAP	20
EGG SANDWICH	8.50
available in sliced egg, egg salad	
AVOCADO SANDWICH	10
available in sliced avocado, guacamole	
LOX SANDWICH	10/13
available in sliced lox, lox salad	
CREAM CHEESE SANDWICH	6
available in classic cream cheese, scallion cream cheese, vegetable cream cheese + .50 each topping	
BUTTER SANDWICH	5
available in classic butter, garlic butter + .50 each topping	

SUPERBOWL

 Good Fro You – no added sweetener, sweetened with fruit. Add honey for a sweeter palate.

PITAYA BOWL	15
topped with: granola, blueberries, kiwi, slivered almonds	
ACAI BOWL	15
topped with: granola, blueberries, mango	
MACRO-BOWL "The goodness of the Superbowl transformed into a Macro meal that will fill and fuel you for hours. The fiber and whole carbs of fruit are balanced with the protein of cashew butter and healthy fat of avocado, stabilizing blood sugar and increasing satiation. Lick it clean and feel the difference"	
STRAWBERRY MANGO MACRO-BOWL	18
topped with: blueberries, mango, red seedless grapes, almonds, chia seeds	
BERRY BLAST MACRO-BOWL	18
topped with: red seedless grapes, blueberries, mango, walnuts, cacao nibs	
CREATE YOUR OWN SUPERBOWL	18
base: pitaya bowl, acai bowl, strawberry mango macro bowl, berry blast macro bowl	

4 toppings included, each additional +\$2

honey – no charge, fresh kiwi, fresh banana, fresh mango, fresh pineapple, fresh red seedless grapes, frozen blueberries, large coconut flakes, cacao nibs, chia seeds, GF granola, slivered almonds walnuts, cashew butter, chocolate hazelnut butter

CONSISTENTLY
CRAVEWORTHY™

HJMENU











A-B 05.23.23

**HAVA
JAVA**

TOWN SQUARE: 371-5282
WESLEY: 362-1019
HAVAJAVAONLINE.COM

COLD CUPS

 available in skinny - available in decaf





 ICED PASSION NANA TEA	8
nana tea, passion tea, lemonade, fresh lemons, lightly sweetened	
 CHUNKY CARAMEL JREAM	9
caramels, dairy caramel sauce, milk, blended ice	
 SUMMER S'MORES JREAM	9
dairy caramel sauce, lotus cream, chocolate chips, milk, blended ice	
 ELECTROLYTE DRINK	9
freshly squeezed lemon and orange, raw honey, himalayan pine cubes. powerful electrolyte drink that's high in vitamin C, potassium, magnesium, & other trace minerals	
LEMON EXPLOSION ICEE	8
freshly squeezed zesty lemon juice, blueberries, lightly sweetened, blended ice	
STRAWBERRY LIMEADE	8
strawberries, tart lime, lightly sweetened, blended ice (80 cals)	
 COLLAGEN WHIPPED COFFEE	9.50
espresso, almond milk, maple syrup, ice cubes. Superpowers in a cup. with proteins to keep you satiated, plus improve your skin elasticity, good for your bone density, and improve joint pain	
SEVENTH HEAVEN CLUSTER	12
peanut butter, milk chocolate nuggets, chewy caramels, peanut clusters, ice cream, whipped cream	
WICKED CLUSTER	12
praline bits, ice cream, milk chocolate nuggets, peanut crunch, whipped cream	
CLOUD9 CLUSTER	12
lotus, ice cream, milk chocolate nuggets, whipped cream	
COFFEE KICK CLUSTER	12
bold espresso, ice cream, milk chocolate nuggets, whipped cream	
TOFFEE JAVA	9.50
espresso, ice cream, toffee flavor, blended, whipped cream	
CREMEOS	9.50/10.50
ice cream, milk, whipped cream	
flavors available: pinkalicious, rocky peanut, cookies & cream, cream puff, vanilla, chocolate, or mixed	
 SKINNY JAVA	8
espresso, blended ice, skim milk, homemade sugar free low calorie syrup	
 FRAPPES	8
espresso, blended ice, milk, whipped cream	
add a flavor: caramel, french vanilla, mocha, hazelnut	
FROSTERS (No Espresso)	8
blended ice, milk, whipped cream. available in: praline, double chocolate	
FRUTEOS	9
blended ice, base, fruit puree concentrate, sweetener, whipped cream	
flavors avail: strawberry, mango, tropical blend.	
bases avail: milk, water, orange juice	
 ON THE ROCKS	6/7
espresso, ice cubes, milk, whipped cream.	
add a flavor: iced latte, iced mocha, iced caramel macchiato, iced chocolate (no espresso), iced americano (served black)	

HOT CUPS

 available in skinny - available in decaf

CINNAMON ROLL LATTE	7.50
steamed foamed milk, cinnamon, cream cheese frosting	
 SALTED CARAMEL LATTE	7.50
espresso, steamed foamed milk, dairy caramel sauce, sea salt	
 MOCHA	7.50
espresso, steamed foamed milk, dairy chocolate sauce	
 CARAMEL MACCHIATO	7.50
espresso, steamed foamed milk, dairy caramel sauce	
 SKINNY MUD	7.50
espresso, steamed skim milk, sugar free low calorie mocha sauce	
 LATTE	6.50
espresso, steamed micro foamed milk.	
add a flavor: caramel, french vanilla & hazelnut	
 SWISS CHOCOLATE MELT	8
steamed foamed milk, swiss chocolate.	
available in milk or white chocolate	
 HOT COCOA	6
steamed foamed milk, cocoa powder, sugar	

BREAKFAST MENU

BREAKFAST BURRITO	13.50
omelet, shredded cheese, shakshuka sauce, home fries, wrap	
MORNING CIGARS	16
spinach scrambled egg, guacamole, mini soft corn tortilla, creamy dressing	
DAIRY HASH BROWNS	14
home fries, bianca sauce, shredded cheese	
 SPINACH EGG FLORENTINE	20
baked sweet potato, buttery scrambled eggs, fresh spinach, sheep feta cheese, hollandaise sauce	
 RORIE'S BREAKFAST SPECIAL	19
veggie omelet, gluten free bagel (bracha hamotzi) small leafy salad, RR dressing	
 BREAKFAST POWER BOWL	19
tri-color quinoa, leafy greens, fresh veggies, 2 sunny side ups, balsamic + herb dressing, gluten free bagel (bracha hamotzi)	
BREAKFAST EXPRESS	13/15
includes; bagel + eggs + coffee; choice of home fries, salad, or both	
SHAKSHUKA	20
israeli salsa, three sunny side ups, bread choice	
SPECIALTY OMELET	13
omelettes made to order with three farm fresh eggs, bread choice, filling combo options: green spinach, mushroom onion, greek, health, spanish, HJ scrambled	
CREATE YOUR OWN OMELET	10
made with three farm fresh eggs, bread choice, each additional topping + \$1.25	
 GRAIN FREE PANCAKES	17
three pancakes, hazelnut drizzle, berry coulis dipping sauce (bracha shehakol)	

PANCAKES 12.50/13.50





three homemade fluffy pancakes.

available in: classic, delinut swirl, cinnamon roll, blueberry, chocolate chip

EGG & CHEESE QUESADILLA	16
grilled wrap, creamy scrambled eggs, melted cheese, side of guacamole	
SUNRISE CROISSANT SANDWICH	11
toasted french croissant, butter, egg omelette, tomatoes, american cheese	
FRIED EGG SANDWICH	9.50
egg omelette, bread choice, vegetable toppings	
HOBO SANDWICH	10
fried egg omelette, home fries, bread choice	
FARINA	8
authentic Hungarian style, self serve at soup station	
BREAKFAST YOUR WAY	16
three scoops spreads your choice, two chopped salads your choice, bread option your choice	

SALAD BOWLS

warm toppings

 SESAME SURPRISE SALAD	24
sesame encrusted salmon, chickpea "croutons", mixed greens, tri-color heirloom tomatoes, hearts of palm, avocado, RR creamy garlic dressing	
 MACRO COBB SALAD	24
broiled salmon, tri-color quinoa, hard boiled eggs, avocado, cherry tomatoes, kale + mixed greens, RR honey mustard dressing	
 LEMON DIJON MUSHROOM SALAD	24
balsamic shiitake mushrooms, portabella chips, tri-color quinoa, watermelon radish, slivered almonds, sheep feta cheese, baby arugula, RR lemon dijon dressing	
 RAINBOW HEALTH BOWL	23
char-grilled mini peppers, portabella mushrooms, romaine lettuce, shredded beets, shredded carrots, organic quinoa, cheese "croutons", herbed Greek yogurt dressing	
WARM MUSHROOM BOWL	23
shiitake mushrooms, green beans and, red onions, romaine lettuce, cherry tomatoes, walnuts, feta cheese, soya dressing	

GREAT BEGINNINGS

GUACAMOLE CHIP PLATTER	20
corn tortillas, guacamole, arabian salad, add: flaked fish +\$4	
CAULIFLOWER POPPERS	20
crispy tempura coated cauliflower, sticky & spicy buffalo sauce, honey mustard dipping sauce	
EMPANADAS	18
crispy butter dough pockets, deep fried, stuffing choice: cheesy spinach, buttery mushroom, pizza	
GARLIC BOMBS	18
crispy butter dough, melted cheese, deep fried, herbed garlic coulis, marinara dipping sauce	
MOZZARELLA COILS	18
crispy butter dough, melted mozzarella cheese, deep fried, marinara and blooming dipping sauces	